

## Resultater – Troidens Fodspor

2017-03-05

12 km		(16 / 16)	Tid	Efter		
1.	Mikkel Kaae-Nielsen	Søllerød OK	1:15:10			
	2:11 (2:11)	2:04 (4:15)	1:07 (5:22)	1:30 (6:52)	1:50 (8:42)	2:47 (11:29)
	1:59 (13:28)	1:00 (14:28)	2:26 (16:54)	3:19 (20:13)	4:32 (24:45)	2:40 (27:25)
	5:17 (32:42)	2:17 (34:59)	2:41 (37:40)	1:34 (39:14)	6:09 (45:23)	6:57 (52:20)
	1:37 (53:57)	3:07 (57:04)	2:22 (59:26)	4:02 (1:03:28)	3:54 (1:07:22)	2:37 (1:09:59)
	5:11 (1:15:10)					
2.	Rune Østergaard	Søllerød OK	1:23:24	+8:14		
	2:15 (2:15)	2:20 (4:35)	1:14 (5:49)	1:49 (7:38)	2:18 (9:56)	2:46 (12:42)
	2:22 (15:04)	1:13 (16:17)	2:53 (19:10)	3:31 (22:41)	4:24 (27:05)	3:07 (30:12)
	6:10 (36:22)	2:29 (38:51)	3:32 (42:23)	1:55 (44:18)	6:53 (51:11)	7:52 (59:03)
	1:50 (1:00:53)	3:41 (1:04:34)	2:17 (1:06:51)	4:15 (1:11:06)	3:43 (1:14:49)	2:51 (1:17:40)
	5:44 (1:23:24)					
3.	Mogens Hagedorn	Søllerød OK	1:23:40	+8:30		
	2:56 (2:56)	2:26 (5:22)	1:06 (6:28)	1:37 (8:05)	2:03 (10:08)	2:56 (13:04)
	2:07 (15:11)	1:10 (16:21)	2:45 (19:06)	3:37 (22:43)	5:07 (27:50)	2:53 (30:43)
	5:40 (36:23)	2:33 (38:56)	3:52 (42:48)	1:41 (44:29)	6:45 (51:14)	7:44 (58:58)
	1:47 (1:00:45)	3:44 (1:04:29)	2:29 (1:06:58)	4:27 (1:11:25)	3:54 (1:15:19)	2:43 (1:18:02)
	5:38 (1:23:40)					
4.	Claus Rasmussen	OK Roskilde	1:26:19	+11:09		
	2:59 (2:59)	2:25 (5:24)	1:09 (6:33)	1:37 (8:10)	2:01 (10:11)	3:02 (13:13)
	2:12 (15:25)	1:27 (16:52)	3:02 (19:54)	3:41 (23:35)	4:26 (28:01)	2:56 (31:06)
	5:56 (37:02)	2:23 (39:25)	3:16 (42:41)	1:53 (44:34)	6:59 (51:33)	8:05 (59:38)
	2:06 (1:01:44)	3:12 (1:04:56)	2:43 (1:07:39)	4:56 (1:12:35)	4:02 (1:16:37)	3:38 (1:20:15)
	6:04 (1:26:19)					
5.	Christian Olsen	Amager OK	1:26:22	+11:12		
	2:50 (2:50)	2:31 (5:21)	1:14 (6:35)	1:37 (8:12)	2:04 (10:16)	2:56 (13:12)
	2:06 (15:18)	1:10 (16:28)	2:45 (19:13)	3:38 (22:51)	5:13 (28:04)	2:56 (31:00)
	5:49 (36:49)	2:17 (39:06)	3:40 (42:46)	1:51 (44:37)	6:46 (51:23)	7:59 (59:22)
	2:03 (1:01:25)	3:19 (1:04:44)	2:32 (1:07:16)	4:45 (1:12:01)	4:51 (1:16:52)	3:20 (1:20:12)
	6:10 (1:26:22)					
6.	Claus Cederberg	Ballerup OK	1:26:58	+11:48		
	2:57 (2:57)	2:28 (5:25)	1:17 (6:42)	1:35 (8:17)	2:04 (10:21)	3:08 (13:29)
	2:14 (15:43)	1:12 (16:55)	3:01 (19:56)	3:45 (23:41)	4:32 (28:13)	3:05 (31:20)
	5:51 (37:11)	2:28 (39:39)	3:14 (42:53)	1:57 (44:50)	6:44 (51:34)	8:07 (59:41)
	1:58 (1:01:39)	3:11 (1:04:50)	2:33 (1:07:23)	5:03 (1:12:26)	4:09 (1:16:35)	3:42 (1:20:17)
	6:41 (1:26:58)					
7.	Leif E. Larsen	Tisvilde Hegn OK	1:28:30	+13:20		
	3:00 (3:00)	2:28 (5:28)	1:16 (6:44)	1:38 (8:22)	2:06 (10:28)	2:50 (13:18)
	2:14 (15:32)	1:13 (16:45)	3:01 (19:46)	3:42 (23:28)	4:34 (28:02)	3:16 (31:18)
	6:22 (37:40)	2:45 (40:25)	2:11 (42:36)	1:55 (44:31)	7:27 (51:58)	8:54 (1:00:52)
	2:13 (1:03:05)	3:29 (1:06:34)	3:03 (1:09:37)	5:00 (1:14:37)	4:22 (1:18:59)	3:09 (1:22:08)
	6:22 (1:28:30)					
8.	Martin Bjørning Thomsen	Holbæk OK	1:37:13	+22:03		
	3:02 (3:02)	2:29 (5:31)	1:15 (6:46)	1:44 (8:30)	1:55 (10:25)	3:12 (13:37)
	2:12 (15:49)	1:14 (17:03)	2:48 (19:51)	3:35 (23:26)	4:27 (27:53)	2:59 (30:52)
	6:49 (37:41)	2:26 (40:07)	2:44 (42:51)	2:38 (45:29)	6:50 (52:19)	8:17 (1:00:36)
	1:56 (1:02:32)	4:10 (1:06:42)	2:44 (1:09:26)	5:18 (1:14:44)	7:43 (1:22:27)	7:17 (1:29:44)
	7:29 (1:37:13)					
9.	Henrik Nielsen	Tisvilde Hegn OK	1:56:46	+41:36		
	3:33 (3:33)	3:07 (6:40)	1:48 (8:28)	2:15 (10:43)	2:45 (13:28)	4:05 (17:33)
	3:15 (20:48)	1:18 (22:06)	3:47 (25:53)	4:54 (30:47)	5:58 (36:45)	4:12 (40:57)
	8:57 (49:54)	3:23 (53:17)	3:22 (56:39)	2:47 (59:26)	9:39 (1:09:05)	11:15 (1:20:20)
	3:21 (1:23:41)	4:22 (1:28:03)	4:09 (1:32:12)	6:48 (1:39:00)	5:18 (1:44:18)	3:58 (1:48:16)
	8:30 (1:56:46)					
10.	Mogens Hald Kristensen	OK Roskilde	1:57:55	+42:45		
	3:48 (3:48)	3:00 (6:48)	1:48 (8:36)	2:09 (10:45)	2:34 (13:19)	4:11 (17:30)
	3:24 (20:54)	1:28 (22:22)	3:57 (26:19)	4:43 (31:02)	5:55 (36:57)	3:45 (40:42)
	8:43 (49:25)	4:03 (53:28)	3:09 (56:37)	2:27 (59:04)	9:34 (1:08:38)	11:13 (1:19:51)
	2:43 (1:22:34)	5:35 (1:28:09)	3:47 (1:31:56)	6:33 (1:38:29)	7:04 (1:45:33)	4:53 (1:50:26)
	7:29 (1:57:55)					
11.	Søren Nielsen	OK Roskilde	2:00:11	+45:01		
	3:51 (3:51)	2:52 (6:43)	1:09 (7:52)	2:03 (9:55)	2:41 (12:36)	3:49 (16:25)
	2:46 (19:11)	2:05 (21:16)	4:13 (25:29)	5:25 (30:54)	6:05 (36:59)	3:54 (40:53)
	8:34 (49:27)	3:16 (52:43)	5:05 (57:48)	2:25 (1:00:13)	9:53 (1:10:06)	11:20 (1:21:26)
	3:19 (1:24:45)	6:57 (1:31:42)	4:08 (1:35:50)	6:44 (1:42:34)	5:03 (1:47:37)	4:49 (1:52:26)
	7:45 (2:00:11)					
12.	Alvin Skovgaard		2:05:02	+49:52		
	3:47 (3:47)	3:23 (7:10)	1:46 (8:56)	2:18 (11:14)	2:50 (14:04)	4:59 (19:03)
	4:19 (23:22)	1:58 (25:20)	4:13 (29:33)	5:29 (35:02)	6:58 (42:00)	4:00 (46:00)
	8:59 (54:59)	4:42 (59:41)	4:31 (1:04:12)	2:58 (1:07:10)	9:27 (1:16:37)	10:09 (1:26:46)
	3:12 (1:29:58)	7:26 (1:37:24)	3:15 (1:40:39)	6:08 (1:46:47)	5:26 (1:52:13)	4:54 (1:57:07)
	7:55 (2:05:02)					
12.	Viktor Ørum		2:05:02	+49:52		
14.	Lars Olsen	OK Roskilde	2:15:20	+60:10		
	4:10 (4:10)	3:28 (7:38)	2:10 (9:48)	2:21 (12:09)	3:00 (15:09)	4:31 (19:40)
	3:22 (23:02)	1:58 (25:00)	4:10 (29:10)	5:45 (34:55)	7:22 (42:17)	4:25 (46:42)
	9:39 (56:21)	4:11 (1:00:32)	3:35 (1:04:07)	2:42 (1:06:49)	10:55 (1:17:44)	12:33 (1:30:17)
	3:24 (1:33:41)	6:13 (1:39:54)	4:51 (1:44:45)	7:34 (1:52:19)	7:33 (1:59:52)	5:25 (2:05:17)
	10:03 (2:15:20)					
	Jens Jensen		Fejlklip			
	2:54 (2:54)	2:24 (5:18)	1:18 (6:36)	1:37 (8:13)	2:01 (10:14)	3:06 (13:20)
	2:06 (15:26)	1:31 (16:57)	3:00 (19:57)	3:53 (23:50)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (39:40)					
	Morten Ploug	Ballerup OK	Ej startet			

20 km		(16 / 16)	Tid	Efter		
1.	Thorkild Jensen	Randers OK	2:05:45			
	2:49 (2:49)	2:25 (5:14)	1:07 (6:21)	1:41 (8:02)	1:56 (9:58)	2:46 (12:44)
	2:13 (14:57)	1:08 (16:05)	2:39 (18:44)	4:52 (23:36)	3:47 (27:23)	3:04 (30:27)
	5:24 (35:51)	2:23 (38:14)	2:09 (40:23)	1:41 (42:04)	6:32 (48:36)	10:49 (59:25)
	6:04 (1:05:29)	3:13 (1:08:42)	3:35 (1:12:17)	3:24 (1:15:41)	2:14 (1:17:55)	4:50 (1:22:45)
	1:33 (1:24:18)	1:58 (1:26:16)	6:05 (1:32:21)	4:20 (1:36:41)	5:56 (1:42:37)	1:47 (1:44:24)
	3:28 (1:47:52)	2:17 (1:50:09)	4:12 (1:54:21)	3:06 (1:57:27)	2:46 (2:00:13)	5:32 (2:05:45)
2.	Troels Otte Andersen	Lyngby OK	2:16:57	+11:12		
	3:08 (3:08)	2:45 (5:53)	1:17 (7:10)	1:42 (8:52)	2:02 (10:54)	2:48 (13:42)
	2:15 (15:57)	1:05 (17:02)	2:52 (19:54)	4:54 (24:48)	3:50 (28:38)	2:58 (31:36)
	5:44 (37:20)	2:12 (39:32)	2:20 (41:52)	1:44 (43:36)	6:53 (50:29)	9:00 (59:29)
	6:44 (1:06:13)	2:34 (1:08:47)	3:36 (1:12:23)	3:09 (1:15:32)	2:27 (1:17:59)	5:31 (1:23:30)
	1:18 (1:24:48)	2:10 (1:26:58)	6:34 (1:33:32)	5:15 (1:38:47)	5:28 (1:44:15)	2:22 (1:46:37)
	4:34 (1:51:11)	4:13 (1:55:24)	5:16 (2:00:40)	3:21 (2:04:01)	4:07 (2:08:08)	8:49 (2:16:57)
3.	Bjørn Axelsen	Tisvilde Hegn OK	2:21:26	+15:41		
	2:53 (2:53)	2:38 (5:31)	1:20 (6:51)	1:39 (8:30)	2:05 (10:35)	2:54 (13:29)
	2:10 (15:39)	1:13 (16:52)	2:48 (19:40)	5:00 (24:40)	4:07 (28:47)	2:59 (31:46)
	5:47 (37:33)	2:21 (39:54)	3:09 (43:03)	1:47 (44:50)	7:05 (51:55)	11:11 (1:03:06)
	7:04 (1:10:10)	2:43 (1:12:53)	3:56 (1:16:49)	3:23 (1:20:12)	2:47 (1:22:59)	5:48 (1:28:47)
	1:48 (1:30:35)	2:21 (1:32:56)	7:44 (1:40:40)	5:34 (1:46:14)	5:32 (1:51:46)	2:17 (1:54:03)
	4:23 (1:58:26)	3:24 (2:01:50)	5:11 (2:07:01)	3:24 (2:10:25)	3:50 (2:14:15)	7:11 (2:21:26)
4.	Lars Mikkelsen	Herning O-Klub	2:22:19	+16:34		
	3:07 (3:07)	3:21 (6:28)	1:23 (7:51)	1:45 (9:36)	2:14 (11:50)	3:42 (15:32)
	2:45 (18:17)	1:29 (19:46)	2:51 (22:37)	5:59 (28:36)	4:20 (32:56)	3:03 (35:59)
	6:45 (42:44)	2:32 (45:16)	2:41 (47:57)	2:01 (49:58)	7:30 (57:28)	9:04 (1:06:32)
	7:12 (1:13:44)	3:05 (1:16:49)	4:23 (1:21:12)	3:18 (1:24:30)	2:38 (1:27:08)	5:59 (1:33:07)
	2:02 (1:35:09)	2:06 (1:37:15)	7:09 (1:44:24)	5:10 (1:49:34)	5:26 (1:55:00)	2:19 (1:57:19)
	4:21 (2:01:40)	2:56 (2:04:36)	4:54 (2:09:30)	3:06 (2:12:36)	3:07 (2:15:43)	6:36 (2:22:19)
5.	Ole Jensen	Mariager Fjord OK	2:31:53	+26:08		
	3:12 (3:12)	3:08 (6:20)	1:24 (7:44)	1:55 (9:39)	2:07 (11:46)	3:42 (15:28)
	2:58 (18:26)	1:26 (19:52)	2:58 (22:50)	5:54 (28:44)	4:14 (32:58)	3:06 (36:04)
	8:17 (44:21)	3:18 (47:39)	3:48 (51:27)	2:09 (53:36)	7:18 (1:00:54)	8:55 (1:09:49)
	7:18 (1:17:07)	3:25 (1:20:32)	3:53 (1:24:25)	4:17 (1:28:42)	2:46 (1:31:28)	5:44 (1:37:12)
	1:57 (1:39:09)	2:20 (1:41:29)	7:17 (1:48:46)	5:24 (1:54:10)	5:37 (1:59:47)	2:18 (2:02:05)
	7:09 (2:09:14)	3:24 (2:12:38)	4:50 (2:17:28)	4:07 (2:21:35)	3:52 (2:25:27)	6:26 (2:31:53)
6.	Henrik Bach	Mariager Fjord OK	2:31:57	+26:12		
	3:11 (3:11)	3:14 (6:25)	1:24 (7:49)	1:52 (9:41)	2:13 (11:54)	3:37 (15:31)
	2:48 (18:19)	1:32 (19:51)	2:58 (22:49)	5:58 (28:47)	4:13 (33:00)	3:08 (36:08)
	8:11 (44:19)	3:07 (47:26)	4:21 (51:47)	1:58 (53:45)	7:15 (1:01:00)	9:17 (1:10:17)
	6:53 (1:17:10)	3:25 (1:20:35)	3:56 (1:24:31)	4:10 (1:28:41)	2:51 (1:31:32)	5:46 (1:37:18)
	1:54 (1:39:12)	2:30 (1:41:42)	7:11 (1:48:53)	5:21 (1:54:14)	5:36 (1:59:50)	2:28 (2:02:18)
	7:01 (2:09:19)	3:17 (2:12:36)	4:51 (2:17:27)	4:11 (2:21:38)	3:47 (2:25:25)	6:32 (2:31:57)
7.	Thomas Ullner	OK Djurs	2:32:37	+26:52		
	3:14 (3:14)	3:19 (6:33)	1:22 (7:55)	1:52 (9:47)	2:17 (12:04)	3:31 (15:35)
	2:48 (18:23)	1:32 (19:55)	3:02 (22:57)	5:54 (28:51)	4:14 (33:05)	3:09 (36:14)
	8:09 (44:23)	3:12 (47:35)	4:03 (51:38)	2:08 (53:46)	7:19 (1:01:05)	9:04 (1:10:09)
	7:05 (1:17:14)	3:26 (1:20:40)	3:50 (1:24:30)	4:15 (1:28:45)	2:49 (1:31:34)	5:41 (1:37:15)
	2:01 (1:39:16)	2:38 (1:41:54)	6:56 (1:48:50)	5:28 (1:54:18)	5:37 (1:59:55)	2:14 (2:02:09)
	7:25 (2:09:34)	3:15 (2:12:49)	4:46 (2:17:35)	4:08 (2:21:43)	3:46 (2:25:29)	7:08 (2:32:37)
8.	Kenn Heldgaard Kristensen	Herning O-Klub	2:46:53	+41:08		
	3:06 (3:06)	3:31 (6:37)	1:24 (8:01)	1:44 (9:45)	2:22 (12:07)	3:32 (15:39)
	2:45 (18:24)	1:26 (19:50)	3:03 (22:53)	6:20 (29:13)	4:35 (33:48)	3:16 (37:04)
	7:13 (44:17)	2:54 (47:11)	4:35 (51:46)	2:03 (53:49)	7:37 (1:01:26)	10:30 (1:11:56)
	7:58 (1:19:54)	3:25 (1:23:19)	4:45 (1:28:04)	4:20 (1:32:24)	3:17 (1:35:41)	6:39 (1:42:20)
	2:27 (1:44:47)	3:06 (1:47:53)	8:09 (1:56:02)	5:58 (2:02:00)	6:41 (2:08:41)	2:27 (2:11:08)
	8:25 (2:19:33)	3:29 (2:23:02)	6:13 (2:29:15)	4:47 (2:34:02)	4:24 (2:38:26)	8:27 (2:46:53)
9.	Peter Karberg	Herlufsholm OK	2:53:34	+47:49		
	3:34 (3:34)	3:12 (6:46)	2:00 (8:46)	1:51 (10:37)	2:17 (12:54)	3:42 (16:36)
	2:52 (19:28)	1:37 (21:05)	3:32 (24:37)	6:53 (31:30)	4:32 (36:02)	3:16 (39:18)
	6:57 (46:15)	3:57 (50:12)	2:30 (52:42)	2:30 (55:12)	11:00 (1:06:12)	11:23 (1:17:35)
	7:30 (1:25:05)	3:40 (1:28:45)	4:39 (1:33:24)	4:33 (1:37:57)	3:25 (1:41:22)	6:20 (1:47:42)
	1:55 (1:49:37)	2:37 (1:52:14)	7:17 (1:59:31)	9:39 (2:09:10)	6:22 (2:15:32)	2:20 (2:17:52)
	8:38 (2:26:30)	3:12 (2:29:42)	6:45 (2:36:27)	5:07 (2:41:34)	4:16 (2:45:50)	7:44 (2:53:34)
10.	Lærke N.Hansen	Amager OK	3:08:39	+62:54		
	3:51 (3:51)	3:32 (7:23)	1:35 (8:58)	2:11 (11:09)	3:00 (14:09)	4:06 (18:15)
	2:52 (21:07)	2:27 (23:34)	4:07 (27:41)	9:05 (36:46)	5:39 (42:25)	3:36 (46:01)
	8:17 (54:18)	4:21 (58:39)	2:56 (1:01:35)	2:33 (1:04:08)	9:42 (1:13:50)	10:12 (1:24:02)
	8:33 (1:32:35)	4:23 (1:36:58)	4:53 (1:41:51)	4:18 (1:46:09)	8:20 (1:54:29)	6:58 (2:01:27)
	1:58 (2:03:25)	3:08 (2:06:33)	10:26 (2:16:59)	7:46 (2:24:45)	7:53 (2:32:38)	2:48 (2:35:26)
	6:50 (2:42:16)	3:35 (2:45:51)	5:16 (2:51:07)	4:31 (2:55:38)	4:43 (3:00:21)	8:18 (3:08:39)
11.	Astrid Thomsen	Holbæk OK	3:08:40	+62:55		
	3:49 (3:49)	3:35 (7:24)	1:32 (8:56)	2:16 (11:12)	2:56 (14:08)	4:09 (18:17)
	2:53 (21:10)	2:29 (23:39)	4:03 (27:42)	9:03 (36:45)	5:37 (42:22)	3:45 (46:07)
	8:14 (54:21)	4:22 (58:43)	2:46 (1:01:29)	2:37 (1:04:06)	9:36 (1:13:42)	10:22 (1:24:04)
	8:34 (1:32:38)	4:24 (1:37:02)	4:55 (1:41:57)	4:17 (1:46:14)	8:26 (1:54:40)	6:48 (2:01:28)
	2:06 (2:03:34)	2:57 (2:06:31)	10:26 (2:16:57)	8:00 (2:24:57)	7:56 (2:32:53)	2:52 (2:35:45)
	6:42 (2:42:27)	3:34 (2:46:01)	5:27 (2:51:28)	4:08 (2:55:36)	4:43 (3:00:19)	8:21 (3:08:40)
12.	Julie Keller	Amager OK	3:08:41	+62:56		
	3:50 (3:50)	3:31 (7:21)	1:32 (8:53)	2:14 (11:07)	2:54 (14:01)	4:14 (18:15)
	2:53 (21:08)	2:29 (23:37)	3:58 (27:35)	9:02 (36:37)	5:41 (42:18)	3:48 (46:06)
	8:13 (54:19)	4:14 (58:33)	2:57 (1:01:30)	2:40 (1:04:10)	9:37 (1:13:47)	10:13 (1:24:00)
	8:34 (1:32:34)	4:27 (1:37:01)	4:48 (1:41:49)	4:22 (1:46:11)	8:23 (1:54:34)	6:49 (2:01:23)
	2:05 (2:03:28)	3:07 (2:06:35)	10:16 (2:16:51)	7:51 (2:24:42)	8:18 (2:33:00)	— (-)
	— (-)	— (-)	— (-)	— (-)	— (-)	— (3:08:41)
	Anette Lindegård Christensen	Holbæk OK	Ej startet			
	Jesper Kristiansen	OK Melfar	Ej startet			
	Peter Larsson	De hårdes Klub	Ej startet			
	Steen Piiil	Søllerød OK	Ej startet			

7 km		(28 / 28)		Tid	Efter		
1.	Mette Stub	PI-København		55:27			
	3:40 (3:40)	1:12 (4:52)	1:06 (5:58)	3:10 (9:08)	1:24 (10:32)	2:41 (13:13)	
	1:49 (15:02)	3:00 (18:02)	3:00 (21:02)	2:32 (23:34)	2:35 (26:09)	1:52 (28:01)	
	1:58 (29:59)	3:08 (33:07)	1:01 (34:08)	2:40 (36:48)	4:17 (41:05)	4:20 (45:25)	
	2:07 (47:32)	1:19 (48:51)	1:52 (50:43)	2:23 (53:06)	2:21 (55:27)		
2.	Janne Brunstedt	OK Roskilde		57:38	+2:11		
	3:45 (3:45)	1:10 (4:55)	1:13 (6:08)	3:09 (9:17)	1:25 (10:42)	2:48 (13:30)	
	1:55 (15:25)	2:58 (18:23)	3:01 (21:24)	2:27 (23:51)	3:11 (27:02)	1:56 (28:58)	
	2:02 (31:00)	3:18 (34:18)	1:11 (35:29)	2:39 (38:08)	4:24 (42:32)	4:33 (47:05)	
	2:02 (49:07)	1:48 (50:55)	1:54 (52:49)	2:27 (55:16)	2:22 (57:38)		
3.	Peter Sørensen	PI-København		59:40	+4:13		
	3:42 (3:42)	1:21 (5:03)	1:08 (6:11)	3:16 (9:27)	1:28 (10:55)	2:56 (13:51)	
	1:55 (15:46)	2:54 (18:40)	3:04 (21:44)	2:31 (24:15)	2:43 (26:58)	2:04 (29:02)	
	1:56 (30:58)	3:23 (34:21)	1:15 (35:36)	2:43 (38:19)	4:39 (42:58)	4:27 (47:25)	
	2:27 (49:52)	1:58 (51:50)	2:37 (54:27)	2:41 (57:08)	2:32 (59:40)		
4.	Michael Nygaard Møller	OK 73		1:01:14	+5:47		
	3:47 (3:47)	1:11 (4:58)	1:21 (6:19)	2:59 (9:18)	1:29 (10:47)	2:54 (13:41)	
	2:02 (15:43)	2:58 (18:41)	3:02 (21:43)	2:25 (24:08)	2:52 (27:00)	1:55 (28:55)	
	2:06 (31:01)	3:14 (34:15)	1:16 (35:31)	2:39 (38:10)	4:50 (43:00)	6:43 (49:43)	
	2:10 (51:53)	1:50 (53:43)	2:46 (56:29)	2:29 (58:58)	2:16 (1:01:14)		
5.	Nils Sættem	Kildeholm OK		1:10:02	+14:35		
	3:43 (3:43)	1:26 (5:09)	1:14 (6:23)	3:17 (9:40)	1:31 (11:11)	4:14 (15:25)	
	2:36 (18:01)	3:34 (21:35)	3:37 (25:12)	3:16 (28:28)	3:39 (32:07)	2:27 (34:34)	
	2:31 (37:05)	3:54 (40:59)	1:16 (42:15)	3:02 (45:17)	5:06 (50:23)	6:59 (57:22)	
	3:06 (1:00:28)	2:01 (1:02:29)	2:12 (1:04:41)	2:47 (1:07:28)	2:34 (1:10:02)		
6.	Niels Hamborg Jensen	OK Skærmø Værløse		1:10:27	+15:00		
	3:50 (3:50)	1:29 (5:19)	1:16 (6:35)	3:18 (9:53)	1:46 (11:39)	3:31 (15:10)	
	2:56 (18:06)	3:55 (22:01)	3:30 (25:31)	3:06 (28:37)	3:25 (32:02)	2:25 (34:27)	
	2:47 (37:14)	3:50 (41:04)	1:14 (42:18)	3:09 (45:27)	5:14 (50:41)	6:39 (57:20)	
	3:03 (1:00:23)	1:52 (1:02:15)	2:29 (1:04:44)	3:03 (1:07:47)	2:40 (1:10:27)		
7.	Bruno Stub	PI-København		1:12:41	+17:14		
	4:09 (4:09)	1:32 (5:41)	1:15 (6:56)	3:20 (10:16)	1:39 (11:55)	3:19 (15:14)	
	2:42 (17:56)	3:47 (21:43)	3:32 (25:15)	3:05 (28:20)	3:37 (31:57)	2:14 (34:11)	
	2:31 (36:42)	4:10 (40:52)	1:15 (42:07)	3:15 (45:22)	8:11 (53:33)	6:35 (1:00:08)	
	3:00 (1:03:08)	1:41 (1:04:49)	2:44 (1:07:33)	2:31 (1:10:04)	2:37 (1:12:41)		
8.	Mogens Hansen	OK Skærmø Værløse		1:14:14	+18:47		
	4:03 (4:03)	1:33 (5:36)	1:28 (7:04)	3:27 (10:31)	1:38 (12:09)	3:22 (15:31)	
	2:36 (18:07)	3:39 (21:46)	3:32 (25:18)	3:07 (28:25)	3:29 (31:54)	2:22 (34:16)	
	2:31 (36:47)	4:08 (40:55)	1:16 (42:11)	3:08 (45:19)	10:14 (55:33)	6:22 (1:01:55)	
	2:39 (1:04:34)	1:42 (1:06:16)	2:12 (1:08:28)	2:57 (1:11:25)	2:49 (1:14:14)		
9.	Ole Frederiksen	OK Roskilde		1:14:20	+18:53		
	3:49 (3:49)	1:25 (5:14)	1:15 (6:29)	3:31 (10:00)	1:44 (11:44)	3:38 (15:22)	
	2:42 (18:04)	3:46 (21:50)	3:31 (25:21)	3:12 (28:33)	3:26 (31:59)	2:24 (34:23)	
	2:55 (37:18)	4:05 (41:23)	1:28 (42:51)	3:25 (46:16)	9:30 (55:46)	5:24 (1:01:10)	
	3:03 (1:04:13)	2:08 (1:06:21)	2:17 (1:08:38)	3:03 (1:11:41)	2:39 (1:14:20)		
10.	Karen Sejrsgaard	OK Roskilde		1:14:34	+19:07		
	3:53 (3:53)	1:34 (5:27)	1:42 (7:09)	3:30 (10:39)	1:49 (12:28)	3:29 (15:57)	
	2:30 (18:27)	3:45 (22:12)	4:18 (26:30)	2:59 (29:29)	5:36 (35:05)	2:13 (37:18)	
	2:44 (40:02)	4:31 (44:33)	2:32 (47:05)	3:02 (50:07)	6:22 (56:29)	5:57 (1:02:26)	
	2:39 (1:05:05)	1:45 (1:06:50)	2:17 (1:09:07)	2:51 (1:11:58)	2:36 (1:14:34)		
11.	Maria Iben Sell-Petersen	Allerød OK		1:14:41	+19:14		
	3:46 (3:46)	1:30 (5:16)	2:25 (7:41)	3:25 (11:06)	1:49 (12:55)	5:25 (18:20)	
	3:12 (21:32)	3:45 (25:17)	3:40 (28:57)	3:33 (32:30)	4:32 (37:02)	2:24 (39:26)	
	2:19 (41:45)	4:33 (46:18)	1:23 (47:41)	3:16 (50:57)	5:51 (56:48)	5:58 (1:02:46)	
	2:34 (1:05:20)	1:40 (1:07:00)	2:14 (1:09:14)	2:53 (1:12:07)	2:34 (1:14:41)		
12.	Eva Smedegaard	OK Sorø		1:17:08	+21:41		
	4:41 (4:41)	1:44 (6:25)	2:16 (8:41)	3:55 (12:36)	2:05 (14:41)	3:26 (18:07)	
	3:13 (21:20)	4:00 (25:20)	4:06 (29:26)	3:18 (32:44)	3:46 (36:30)	2:14 (38:44)	
	2:51 (41:35)	4:35 (46:10)	1:52 (48:02)	3:25 (51:27)	5:07 (56:34)	5:54 (1:02:28)	
	2:57 (1:05:25)	1:50 (1:07:15)	2:51 (1:10:06)	3:54 (1:14:00)	3:08 (1:17:08)		
13.	Mathilde Smedegaard Madsen	OK Sorø		1:17:09	+21:42		
	4:39 (4:39)	1:47 (6:26)	2:14 (8:40)	3:57 (12:37)	2:03 (14:40)	3:33 (18:13)	
	3:06 (21:19)	4:04 (25:23)	4:02 (29:25)	3:22 (32:47)	3:35 (36:22)	2:27 (38:49)	
	2:45 (41:34)	4:39 (46:13)	1:47 (48:00)	3:29 (51:29)	5:03 (56:32)	5:59 (1:02:31)	
	2:53 (1:05:24)	1:57 (1:07:21)	2:43 (1:10:04)	4:01 (1:14:05)	3:04 (1:17:09)		
14.	Merete Lykke Østergaard	OK Roskilde		1:21:07	+25:40		
	4:19 (4:19)	1:35 (5:54)	1:56 (7:50)	3:29 (11:19)	2:00 (13:19)	4:05 (17:24)	
	3:05 (20:29)	4:35 (25:04)	3:47 (28:51)	3:21 (32:12)	4:48 (37:00)	2:23 (39:23)	
	2:38 (42:01)	4:33 (46:34)	1:58 (48:32)	3:26 (51:58)	5:37 (57:35)	6:17 (1:03:52)	
	3:53 (1:07:45)	2:49 (1:10:34)	3:49 (1:14:23)	3:59 (1:18:22)	2:45 (1:21:07)		
15.	Henriette Hansen	Herlufsholm OK		1:30:23	+34:56		
	4:13 (4:13)	1:40 (5:53)	1:45 (7:38)	4:02 (11:40)	2:13 (13:53)	3:40 (17:33)	
	4:07 (21:40)	4:16 (25:56)	4:39 (30:35)	4:26 (35:01)	5:41 (40:42)	2:28 (43:10)	
	3:30 (46:40)	5:04 (51:44)	1:38 (53:22)	3:49 (57:11)	6:14 (1:03:25)	9:00 (1:12:25)	
	3:30 (1:15:55)	2:27 (1:18:22)	5:15 (1:23:37)	3:48 (1:27:25)	2:58 (1:30:23)		
16.	Amalie Snedker Mosbæk	Holbæk OK		1:34:45	+39:18		
	4:29 (4:29)	1:45 (6:14)	1:34 (7:48)	3:59 (11:47)	1:58 (13:45)	9:52 (23:37)	
	3:15 (26:52)	4:35 (31:27)	4:33 (36:00)	5:01 (41:01)	5:13 (46:14)	4:07 (50:21)	
	3:18 (53:39)	4:52 (58:31)	2:30 (1:01:01)	3:35 (1:04:36)	7:06 (1:11:42)	7:24 (1:19:06)	
	3:08 (1:22:14)	2:18 (1:24:32)	3:42 (1:28:14)	3:46 (1:32:00)	2:45 (1:34:45)		
17.	Henrik Snedker Pedersen	Holbæk OK		1:35:05	+39:38		
	4:24 (4:24)	1:47 (6:11)	1:44 (7:55)	3:50 (11:45)	1:58 (13:43)	9:09 (22:52)	
	3:58 (26:50)	4:46 (31:36)	4:55 (36:31)	4:47 (41:18)	4:51 (46:09)	4:20 (50:29)	
	3:31 (54:00)	4:41 (58:41)	2:23 (1:01:04)	3:53 (1:04:57)	6:33 (1:11:30)	7:38 (1:19:08)	
	3:11 (1:22:19)	2:34 (1:24:53)	3:23 (1:28:16)	4:06 (1:32:22)	2:43 (1:35:05)		
18.	Camilla Bøgevig Larkai	OK 73		1:35:14	+39:47		
	4:11 (4:11)	1:33 (5:44)	1:16 (7:00)	3:46 (10:46)	2:12 (12:58)	5:45 (18:43)	
	2:58 (21:41)	4:06 (25:47)	4:27 (30:14)	3:29 (33:43)	3:42 (37:25)	2:40 (40:05)	
	3:04 (43:09)	6:03 (49:12)	2:15 (51:27)	4:20 (55:47)	6:34 (1:02:21)	9:28 (1:11:49)	
	8:19 (1:20:08)	2:44 (1:22:52)	3:55 (1:26:47)	5:40 (1:32:27)	2:47 (1:35:14)		
19.	Szabolcs Osvath			1:41:10	+45:43		

4:26 (4:26)	1:51 (6:17)	1:42 (7:59)	3:31 (11:30)	1:40 (13:10)	4:09 (17:19)
3:13 (20:32)	8:54 (29:26)	4:53 (34:19)	6:33 (40:52)	4:54 (45:46)	4:34 (50:20)
3:49 (54:09)	6:27 (1:00:36)	3:17 (1:03:53)	3:39 (1:07:32)	6:12 (1:13:44)	7:00 (1:20:44)
3:41 (1:24:25)	3:33 (1:27:58)	5:40 (1:33:38)	4:49 (1:38:27)	2:43 (1:41:10)	
20. Mogens Jensen	Holbæk OK		1:46:37 +51:10		
4:22 (4:22)	1:46 (6:08)	2:03 (8:11)	3:51 (12:02)	2:00 (14:02)	9:01 (23:03)
3:55 (26:58)	4:54 (31:52)	5:15 (37:07)	5:16 (42:23)	4:45 (47:08)	4:07 (51:15)
3:31 (54:46)	6:02 (1:00:48)	2:10 (1:02:58)	5:25 (1:08:23)	6:55 (1:15:18)	8:11 (1:23:29)
7:49 (1:31:18)	4:23 (1:35:41)	3:26 (1:39:07)	4:25 (1:43:32)	3:05 (1:46:37)	
21. Palle Møller Nielsen	Odense OK		1:53:43 +58:16		
5:06 (5:06)	2:26 (7:32)	3:18 (10:50)	4:49 (15:39)	2:17 (17:56)	5:10 (23:06)
4:05 (27:11)	4:52 (32:03)	5:27 (37:30)	5:19 (42:49)	3:47 (46:36)	4:28 (51:04)
3:37 (54:41)	6:11 (1:00:52)	2:22 (1:03:14)	5:05 (1:08:19)	13:05 (1:21:24)	9:51 (1:31:15)
4:21 (1:35:36)	3:53 (1:39:29)	3:49 (1:43:18)	5:25 (1:48:43)	5:00 (1:53:43)	
Annelise Hansen	FIF Hillerød Orientering		Fejlklip		
10:52 (10:52)	2:25 (13:17)	2:19 (15:36)	6:01 (21:37)	2:55 (24:32)	6:55 (31:27)
4:45 (36:12)	5:54 (42:06)	7:25 (49:31)	4:59 (54:30)	4:01 (58:31)	3:02 (1:01:33)
- (-)	- (1:16:47)	2:35 (1:19:22)	4:32 (1:23:54)	7:31 (1:31:25)	7:36 (1:39:01)
7:51 (1:46:52)	2:29 (1:49:21)	4:46 (1:54:07)	4:29 (1:58:36)	2:59 (2:01:35)	
Bent Johansen	OK 73		Ej startet		
Birgitte Birck	Allerød OK		Ej startet		
Bjarne Sørensen	Amager OK		Ej startet		
Elin Nørgård Kracht	PI-København		Ej startet		
Leif Jensen	OK Skærmø Værløse		Ej startet		
Preben Kristensen	OK Roskilde		Ej startet		